

Recipes

SPICY AUTHENTIC CHICKEN EMPANADAS

Golden dough with a warm cheesy filling—best enjoyed fireside.

Directions

- 1. With an electric mixer, blend the flours and salt. Add the butter and mix about 1 minute. Add the water and mix until just combined and the dough comes together, less than a minute.
- 2. Shape the dough into a disk, wrap in plastic wrap, and refrigerate while you prepare the filling.
- 3. In a large skillet, heat the oil over medium-high heat. Add the garlic and cook until aromatic and just beginning to brown, about 1 minute. Add the onion and cook until golden brown and soft, 3 to 5 minutes.
- 4. Add the cumin, chili powder, and jalapeno, and cook until fragrant, about 1 minute. Add the broth and chicken, stir to combine.
- 5. Bring this mixture to a boil over high heat, cover, reduce the heat to low, and simmer until the chicken is cooked through, about 30 minutes.
- 6. Uncover and cook until all the liquid is absorbed, about 30 minutes.
- 7. As it cooks, use a spoon to gently break up the chicken. Season with salt and black pepper to taste. Transfer to a cutting board and roughly chop the chicken.
- 8. Preheat the oven to 375°F.
- 9. On a lightly floured surface, roll out the dough to an 1/8-inch thickness. Using a 6-inch round cutter to cut out circles, about 18 of them.
- 10. Place 2 tablespoons filling in the center of each round, and top with cheese.
- 11. Moisten the edges of the dough with water and fold over the filling, pressing with your fingertips to seal.

Ingredients

- 2 cups whole wheat flour
- 1 cup unbleached all-purpose flour
- 1/2 teaspoon salt
- 1 cup butter (cut into 1 inch pieces)
- 1/2 cup cold water
- 2 tablespoons vegetable oil
- 4 cloves garlic, minced
- 1 medium onion, finely chopped
- 1 teaspoon ground cumin
- 1/2 teaspoon chili powder
- 1 jalapeno pepper, finely chopped
- 2 cups chicken broth
- 2 pounds skinless, boneless chicken thighs
- salt and black pepper
- 2 cups shredded spicy cheese (like Pepper Jack)
- 1 egg, lightly beaten

With a fork, crimp the edges of the empanada.

- 12. Arrange the empanadas on the baking sheets and brush with the egg.
- 13. Bake for 15 minutes, or until golden brown.
- 14. Serve hot, and enjoy by the fire!